

There's something special about fall. The shorter days, and longer nights have people seeking relaxing experiences, while the crisp, fresh air also makes us want to get outside and soak up the golden autumn sunshine. It's invigorating and tranquil at the same time.

Fall in Cowichan is no different. The bright reds and golden yellows of the farmland and hillsides seem almost unreal, while the mist that settles along the ocean and in the valley give off a mystical vibe. It truly is a world away from ordinary

As the weather gets colder and the forests and hillside change over, a warm fire and a good book is the perfect way to spend your day. Cowchan offers a number of relaxing lodges and B&Bs to get away for a few days or even a night.

Nestled along the banks of the historic Cowichan River, Cowichan River Lodge offers modern amenities in a rustic setting. This five-bedroom lodge can be rented by the room or as a full buyout, perfect for family stays in a well-distanced space. Relax with a morning cup of coffee on the patio or enjoy a glass of local wine in your private jacuzzi. Evenings can be spent in the great room with a roaring fire in a real fireplace.

Nearby Farm Table Inn offers guests a true farm-to-table experience, with an attached restaurant that features ingredients grown locally on the on-site farm. The beautiful two-bedroom B&B is a wonderfully tranquil spot to explore the abundance of hiking trails in the region or take a quick trip to nearby Skutz Falls, a great place to catch spawning salmon in October.

Treat yourself to an evening in a vineyard at Emandare Vineyards' Tractor Shed Guest House. Just minutes from downtown Duncan, the guesthouse is nestled on the 8.5 acre vineyard with views of the Somenos Lake. The two bedrooms and two bathrooms, and the private hot tub, make it a great spot for groups or families and the proximity to Duncan's bustling downtown make it a great spot from which to explore the region.

Whether you're finding something new in Cowichan, or rediscovering your old favourites, now is the best time to explore your own backyard and enjoy some local travel. Fall is one of our favourite seasons in the region, when the best of what makes Cowichan unique is on full display

